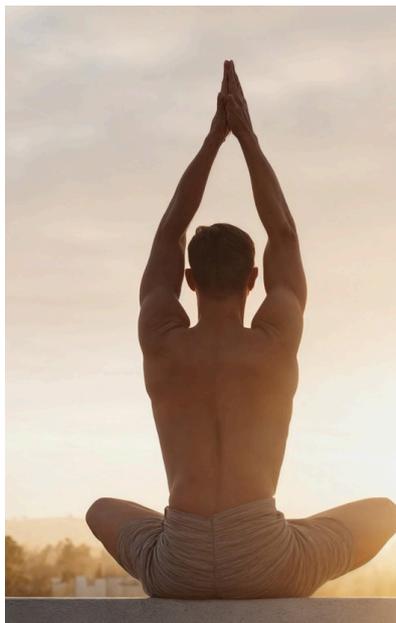


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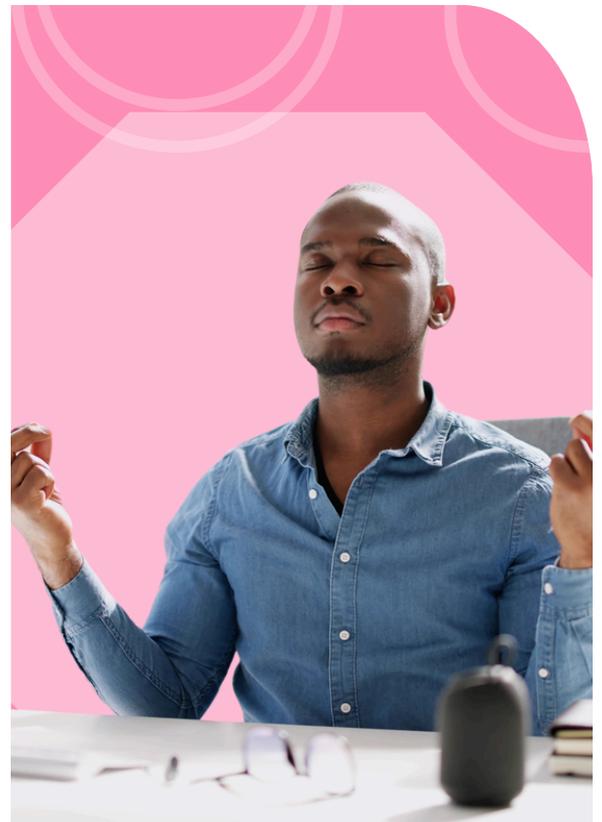
www.psegdcic.org



Level 1 Award in Mental Health Awareness

This qualification is the ideal introduction to understanding your own mental well-being. Covering the most common mental health conditions, their contributing factors and how to look after your mental health.

- **Course Duration: Half Day**
- **Assessment Type: Multiple Choice Question Exam**



Level 2 Award In Safeguarding and Protecting Children and Young People

The objective of this qualification is to provide learners with knowledge and understanding to safeguard children, young people and practitioners in the workplace and how to respond to evidence or concerns that a child or young person has been or is at risk of being abused.

- **Course Duration: 1 Day**
- **Assessment Type: Multiple Choice Question Exam**



Other Tutor Led Social Care courses

Level 2 Award in
Safeguarding Adults in
Health and Social Care

The Level 2 Award in the Safeguarding Adults in Health and Social Care provides learners with the underpinning knowledge to support organisations in their commitment and legal obligation to safeguard vulnerable adults.

Online Social Care Training from £30 +VAT



Principles of
Communication



Sharps Awareness



Equality, Diversity and
Discrimination



Person-Centred Care



Stroke Awareness



Nutrition and Hydration



Drug and Alcohol Awareness



Your Personal Development



End of Life Care



Handling Information in a Care
Setting



Mental Capacity Act &
Deprivation of Liberty
Safeguards



Dignity & Privacy



Learning Disability Awareness



Introduction to the Safe
Handling of Medicines



Duty of Care



Epilepsy Awareness



Understanding your Role in
Care



Allergen Awareness



Prevent Duty



Dementia Awareness



Basic Fire Safety Awareness for
Care Homes



Safeguarding Adults



Managing Occupational
Health & Wellbeing



Fire Marshal for Care Homes



Moving and Handling People



ADHD Awareness



Autism Awareness



Depression Awareness



Stress Management

Level 3 Award in Emergency First Aid at Work

This qualification develops the learner's knowledge, understanding and skills in delivering emergency first aid in the workplace and will support anyone fulfilling such a role in the workplace.

This qualification is the most popular first aid qualification, also ensuring employers meet the minimum requirements for first aid in the workplace.

- **Course Duration: 1 Day**
- **Assessment Type: Multiple Choice Question Exam & Practical Observation**



Level 3 Award Emergency Paediatric First Aid

This qualification develops the learner's skills, knowledge and understanding of a range of emergency paediatric first aid situations and will support a role in an early year setting where performing emergency paediatric first aid may be required.

- **Course Duration: 1 Day**
- **Assessment Type: Multiple Choice Question Exam & Practical Observation**



Other Tutor Led First Aid courses

| | |
|--|--|
| Level 3 Award in Activity First Aid | This qualification is intended for those that are looking to attend a first aid course intended to sports coaches and instructors. The course builds on the basic course content of the emergency first aid at work and includes topics such as spinal injuries and fractures. |
| Level 3 Award in First aid (Annual Refresher) | This qualification is for those that hold a current First Aid at Work or Emergency First Aid at Work qualification, who are in need of an annual refresher as recommended in the Health and Safety (First aid) Regulations 1981. |
| Level 3 Award in First aid at Work | This qualification assists employers to meet the first aid requirements under the Health and Safety (First Aid) Regulations 1981, particularly in higher risk workplaces. |
| Level 3 Award in Responding to Anaphylactic Reactions | This qualification is aimed those working with individuals at significant risk of having an anaphylactic reaction, including children. The qualification has been mapped to current Resuscitation Council (UK) guidelines. |
| Level 3 Award In First Aid at Work (Management of Catastrophic Bleeding) | This qualification is for those undertaking the role of a first aider in the workplace. The qualification has the additional assessment criterion for managing a catastrophic bleed. This is ideal for those working in higher risk environments as outlined by the Health and Safety Executive. |
| Level 3 Award Emergency Paediatric First Aid | This qualification develops the learner's skills, knowledge and understanding of a range of emergency paediatric first aid situations and will support a role in an early year setting where performing emergency paediatric first aid may be required. |

Online First Aid Training from £30 +VAT



Infection Control



Introduction to the Safe Handling of Medicines



Managing Occupational Health & Wellbeing



Sharps Awareness



Stroke Awareness



Covid-19 Safe Workplaces



Mental Health First Aid



Moving and Handling People

Basic Literacy Skills

Ready to learn new skills and have fun with words?

Join our Basic Literacy Course to improve your reading and writing abilities. Whether you're just starting out or want to get better, this course is for you! Discover exciting lessons that will help you understand more of what you read, learn new words, and write better sentences.

- **Course Duration: 1 Day**
- **Assessment Type: Assessment Questions & Observation**



Basic Digital Literacy Skills

Join our Basic Digital Literacy Course and unlock essential skills for today's digital age. Whether you're new to technology or want to enhance your digital knowledge, this course is tailored just for you! Dive into engaging lessons designed to improve your understanding of computers, the internet, and digital tools. Learn practical skills for everyday tasks like sending emails, browsing the web, and staying safe online.

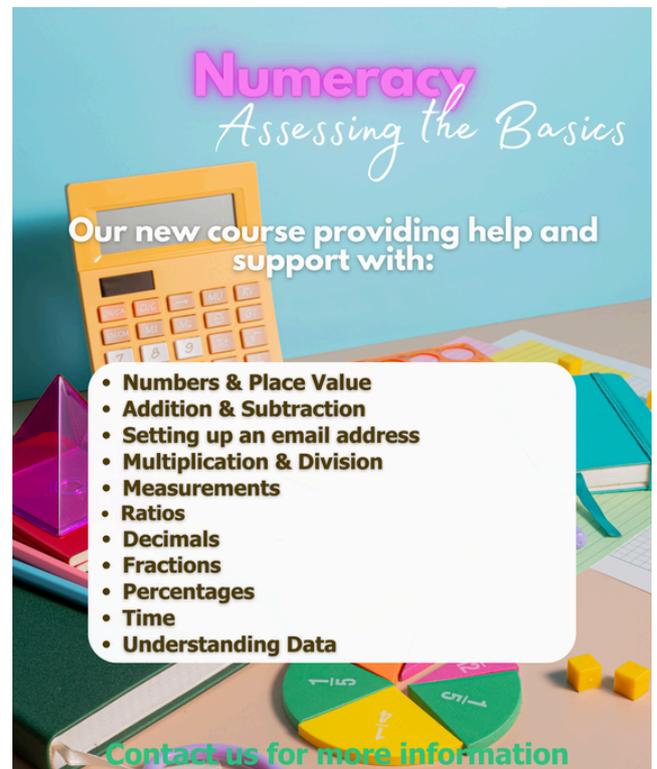
- **Course Duration: 1 Day**
- **Assessment Type: Assessment Questions & Observation**

Basic Numeracy Skills

Ready to conquer numbers and boost your math skills?

Enrol in our Basic Numeracy Course and embark on a journey of numerical discovery. Whether you're a beginner or looking to strengthen your math foundation, this course is perfect for you! Dive into engaging lessons designed to improve your understanding of numbers, basic calculations, and problem-solving techniques.

- **Course Duration: 1 Day**
- **Assessment Type: Assessment Questions & Observation**



Numeracy
Assessing the Basics

Our new course providing help and support with:

- Numbers & Place Value
- Addition & Subtraction
- Setting up an email address
- Multiplication & Division
- Measurements
- Ratios
- Decimals
- Fractions
- Percentages
- Time
- Understanding Data

Contact us for more information



Make My Money Work

Our new course providing help and support with:

- Choosing and managing bank accounts
- Budgeting and planning for the future
- Borrowing money
- Ways to save money
- Paying rent, bills and other expenses
- Financial risks
- Financial fraud, scams and identity theft
- Credit scores and debt
- Salaries and payslips
- Financial Abuse
- Entitled2 Benefits Calculation
- Better off working calculation

Contact us for more information

Basic Financial Literacy Skills

Enrol in our Basic Financial Literacy Course and embark on a journey to financial empowerment. Whether you're starting from scratch or looking to enhance your financial skills, this course is designed for you! Dive into practical lessons that cover budgeting, saving, understanding credit, and managing debt. Learn essential financial concepts to secure your financial future and make smarter financial choices.

- **Course Duration: 1 Day**
- **Assessment Type: Assessment Questions & Observation**

Motivation & Confidence

Ready to unleash your full potential and achieve your goals?

Join our Motivation & Confidence Building Course and ignite your inner drive. Whether you're seeking a fresh start or want to enhance your self-belief, this course is tailored just for you! Dive into engaging lessons designed to boost motivation, build resilience, and enhance self-confidence. Learn practical strategies to overcome challenges, set achievable goals, and stay motivated on your journey.

- **Course Duration: 1 Day**
- **Assessment Type: Assessment Questions & Observation**



Passport to Success
Our new course providing help and support with:

- Setting Goals
- Taking Control
- Overcoming Barriers
- Setting SMART targets
- Building Confidence
- Improving Relationships (with Employers, Colleagues, Work Coach, Support Services)
- Coping Strategies
- Developing Teamwork
- Problem Solving

Contact us for more information



Mental Health Awareness

Our new course providing help and support with:

- Mental Health in adults
- Signs of mental illness
- What is mental illness and prevalence rates
- Symptoms of Bi-Polar, depression, psychotic disorders and schizophrenia
- Symptoms of anxiety, personality disorder, self-harming
- Diagnosis and treatments
- Prognoses and outcomes
- Support

Contact us for more information

Mental Health Awareness

Enrol in our Mental Health Awareness Course and embark on a journey of empathy and knowledge. Whether you're curious about mental health or seeking ways to support yourself and others, this course is for you! Dive into insightful lessons designed to raise awareness, reduce stigma, and promote mental wellness. Learn about common mental health conditions, self-care strategies, and how to offer support to those in need.

- **Course Duration: 1 Day**
- **Assessment Type: Multiple Choice Question Assessment**

Getting Back to Work

Ready to re-enter the workforce and thrive in your career?

Join our "Getting Back to Work" Course and make a successful comeback. Whether you've taken a break or are looking to switch careers, this course is tailored for your journey! Dive into practical lessons designed to update your skills, refine your CV, ace job interviews. Learn effective strategies for networking, managing job transitions, and regaining professional confidence.

- **Course Duration: 1 Day**
- **Assessment Type: Assessment Questions & Observation**



Getting Back to Work

Our new course providing help and support with:

- Establishing aspirations
- Identifying relevant experience
- Identifying transferrable skills
- Training/Upskilling
- CV Workshop
- Interview Skills
- Job Search Techniques
- Journey Planning
- Childcare Support
- Accredited Qualifications
- Online Training

Contact us for more information
www.p2e.org.uk bookings@p2e.org.uk



Weekly Job Club

Get expert help with your job search, have a look through our partner job vacancies and have a cuppa with one of our Employment Advisors.

Free use of laptops & Wi-Fi too!